

# ANIMAL-ASSISTED THERAPY

A visit from a therapy dog can break the daily routine and stimulate the mind in dramatic ways. We often find that one of the most serious problems for older adults is not disease, but loneliness. Therapy dogs and their handlers can make a senior feel alive, helping them build a connection to the outside world.

Max is one of our therapy dogs. He is always happy to see our clients and those living in senior communities. We like to refer to him as "four-legged-cheer".

A visit from our therapy dogs may help with the following:

- lower blood pressure
- raise spirits and fight depression
- improve social, cognitive, and emotional functions
- recall memories of pets and childhood
- reduce anxiety and promote relaxation

Animals provide a sense of calm, comfort, or safety and can divert attention away from a stressful situation and toward one that provides pleasure. Advocates of animal-assisted therapy say that developing a bond with an animal can help people develop a better sense of self-worth and trust, stabilize their emotions, and improve their communication, self-regulation, and socialization skills.



# TESTIMONIALS

## A Very Satisfied Client

I have been using Lares services for my husband for more than five years. I have been pleased with the help I received. If I had any concerns, they were acted upon. Roy is great to deal with as well as the rest of the staff. I have recommended Lares to other families.

★★★★★ Fran L.

## Excellent Communication and Service

Our family had a wonderful experience with Lares Home Care and appreciated the open communication, highly professional team, and excellent service. They took the time to walk us through all aspects of in-home care, remained in constant contact during service, and were highly responsive to the support that was needed. Thank you!

★★★★★ Kristen H.

## Exceptional Care

I used this agency for almost 4 years until my uncle passed away. Roy and his staff were the epitome of professionalism while at the same time caring and kind!!! So many instances where I needed extra help with my uncle and Roy never refused, went out of his way to help. He always showed up for us!!!! This is an agency that has far surpassed the expectation that my uncle and I had. I highly recommend this agency for the care of your loved one...You will sleep better at night with them!!!

★★★★★ Paulette C.

## Great Home Health Care Agency

My mom needed aides 24 hours per day for several months. Lares quickly responded to our needs and provided high-quality caring aides that helped my mom through a difficult period. They stayed in touch through regular communication and always responded to my questions and issues on a timely basis. I highly recommend them.

★★★★★ Phil B.

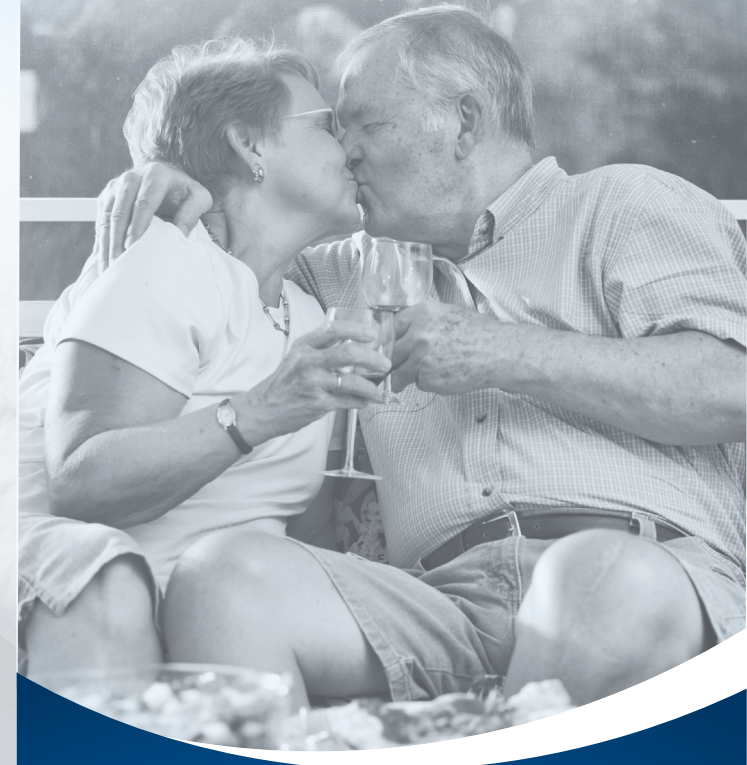


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compassion | trust | caring



YOUR HOME CARE SPECIALISTS!



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# ABOUT LARES

Lares Home Care is a family-owned and operated home care agency that is committed to providing the best service for our clients.

What sets Lares Home Care apart from other agencies? We are an independent, non-franchised agency, able to provide care with "family flexibility." Lares Home Care offers a truly customized approach to home care. We treat each client as a member of our home care family.

Lares Home Care believes that seniors who are given the ability to thrive in their homes and communities are those who are most satisfied with their quality of life – our purpose is to give them this opportunity.



## WHEN & WHERE YOU NEED US

Our caregivers provide care when you need it, whether in your home, skilled nursing facility, assisted living, memory care, or retirement community. We bring the care to you.

# OUR SERVICES

We are committed to enriching people's lives by providing quality, compassionate, non-medical home care services. We customize our services for each client, working closely with you to determine what is best for you and your loved one.



Dressing, Bathing



Meal Prep, Feeding



Live-In Care



Teeth Brushing



Companionship



Medication Reminder



Laundry, Light Housework



Incontinence Care

## SPECIALTY CARE

Sometimes we find that our clients need special care based on our nursing evaluation. Our caregivers are trained in a variety of specific needs such as the following specialty care services:



Transitional Care



Memory Care



Fall Prevention



Cancer Care

# OUR CAREGIVERS

We provide dependable and compassionate care professionals by setting our core standards over and above state-mandated requirements. Our Certified Home Health Aides (CHHAs) are experienced, well-trained, and supervised by our Director of Nursing, assuring consistent and appropriate care for each client.

All Lares Caregivers are:

- NJ State Certified Home Health Aides
- Personally interviewed for experience, enthusiasm and professionalism
- Fully vetted through a rigorous screening process, including background checks
- Bonded and insured through Lares Home Care
- Continually trained and educated on proper industry protocols and specialized care needs

At Lares, we are family, and our caregivers are the embodiment of that principle.



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